

Table 1

	7.20km	Race					
Place	Time	First Name	Last Name	Sex	Category	City	
1	36:57:00	Rob	Lefebvre	M	Master	Williamstown	1st over all
2	37:41:00	Ben	Aman	M	Open	Kingston	2nd
3	38:07:00	Gonzola	Espinosa	M	Master	Trenton	3rd
4	38:10:00	Greg	Leskien	M	Open	Cambridge	
5	38:17:00	Christian	Belair	M	Master	Summerstown	1st Master
6	39:29:00	Lisa	Leskien	F	Open	Cambridge	1st Female
7	40:15:00	Sebastian	Warner	M	Open	Cornwall	
8	43:03:00	Patrick	Campeau	M	Master	Cornwall	
9	46:13:00	Nicolas	Hili	M	Open	Kingston	
10	46:24:00	Lynn	Giroux	F	Open	Cornwall	2nd Female
11	48:51:00	Liz	Nurse	F	Master	Cornwall	3rd Female
12	49:01:00	John	Bols	M	Master	Chesterville	
13	50:09:00	Stephen	McGrath	M	Master	Monkland	
14	50:57:00	Basia	Vanderveer	F	Master	Ottawa	1st master F
15	52:30:00	Kevin	Moore	M	Master	Newington	
16	53:20:00	Joan	McCuaig	F	Master	Newington	
17	53:49:00	Jennifer	Gareau	F	Open	Williamstown	
18	53:32:00	Lynn	McCuaig	F	Master	Lancaster	
19	57:12:00	Doug	Boeckh	M	Master	Williamstown	
20	57:29:00	Louise	Lewis-Jame	F	Open	Ottawa	
21	58:18:00	Annie	Cromie	F	Master	Val-Des-Monts	
22	1:00:59	Larry	Granger	M	Master	St Andrews	
23	1:02:41	Bill	Chafe	M	Open	Morrisburg	
24	1:03:58	Melissa	McGrath	F	Master	Monkland	